



Christine Arylo

Inspirational Catalyst

author • coach • speaker • self-love expert

Suggested Interview Questions for Author Christine Arylo CHOOSING ME BEFORE WE

About the Author

After earning her MBA and spending over 12 years marketing big brands like Gap Inc., Visa and Frito-Lay, Christine Arylo traded in building images for companies for the chance to inspire women to break free from theirs. Today Christine is an inspirational catalyst who challenges and guides women to find, live and love their most real ME through her work as a coach, author and speaker. She lives in Oakland, CA. Visit her online at <http://www.daretoliveyou.com>

- You talk about falling in love with yourself, isn't that narcissistic or selfish?
- How does a woman fall in love with her self?
- What does ME before WE really mean?
- What advice do you have for a woman who wants to find Mr. Right?
- What isn't love enough a reason to stay in a relationship?
- What are the biggest lies women tell themselves about relationships?
- What inspired you to write this book?
- Why should women listen to what your book has to say?
- How is it possible to not know who you are?
- Why is it so difficult for women to put ME before WE?

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